



Wellington Point State School
P&C Association

Tuckshop Menu

Prices effective as of July 11, 2022

Email: wpss_pc_tuckshop@outlook.com

TUCKSHOP HOURS OPEN

8:15AM to 1:45PM TUESDAY to FRIDAY

This menu is based on the guidelines set out by the Queensland Government's Smart Choices Ready Reckoner Program.

ALLERGIES If you have concerns regarding the nature of your child's food allergies, we welcome you to come and see us at the tuckshop, alternatively you can phone or contact us via email.

VOLUNTEERS WELCOME If you can spare any time to help out in the tuckshop we would openly welcome and appreciate your help.

Online ordering must be placed by 9am for same day processing.

Forgotten to order online? We can help, simply phone the administration office and follow the prompts to be put through to the tuckshop where we can make the necessary arrangements for your child's lunch.

SANDWICHES + \$0.30 FOR TOASTED

Gluten Free Bread Available
ALL SANDWICHES MADE WITH ONE SLICE WHOLEMEAL & ONE SLICE WHITE

Cheese	\$3.00
Ham	\$3.00
Ham & Cheese	\$3.50
Ham, Cheese & Tomato	\$3.70
Chicken & Mayo	\$4.00
Chicken, Cheese & Mayo	\$4.50
Egg & Lettuce	\$3.50
Jam	\$2.20
Vegemite	\$2.20
Salad - lettuce, carrot, cucumber & tomato	\$4.20

Ham & Cheese Pocket \$2.80

2nd Break ONLY
10" Tortilla wrap, layered with ham & tasty cheese, folded in and lightly toasted.

WRAPS

Egg & Lettuce	\$3.80
Ham	\$3.20
Cheese	\$3.20
Ham & Cheese	\$3.40
Ham, Cheese & Tomato	\$3.80
Salad - lettuce, carrot, cucumber & tomato	\$4.80

EXTRAS FOR ALL SANDWICHES & WRAPS

ADD CHEESE	\$0.50
ADD HAM	\$1.00
ADD CHICKEN	\$1.00
ADD EGG	\$1.00

HOT FOOD

Pasta Bolognese	\$4.50
Mac and Cheese	\$3.70
Shepherd's Pie GF	\$4.50
Corn on the cob GF	\$1.20
Nachos Plain GF	\$4.50
Nachos Beef	\$5.00
Nachos Chicken GF	\$5.00
Garlic Bread	\$2.00
Chicken Nuggets (5)	\$3.50
Four N Twenty Travler	\$4.30
Meat Pie	
Healthy Choices	\$3.50
Sausage Roll	

BURGERS

Available Tuesday - Thursday

Hamburger	\$4.70
Fresh bread roll, lettuce, tomato & a homemade beef patty	
Plus your choice of sauce	
Cheeseburger	\$4.70
Fresh bread roll, tasty cheese & homemade beef patty.	
Plus your choice of sauce	

CONDIMENTS

Tomato Sauce	\$0.50
BBQ Sauce	\$0.50
Grated Cheese Portion	\$1.00
Sour Cream Portion	\$1.00
Salsa Portion	\$1.00
Hommus Portion	\$1.00

TREATS

Pizza Scrolls	\$1.30
Cheeseymite Scrolls	\$1.10
Mini Muffin	\$0.70
Cookie	\$0.70
Flavour subject to change	
Custard Cup	\$2.00
Jelly Stick	\$0.30
Red Rock Deli Chips	\$1.60
Honey Soy Chicken	
Piranha Snaps	\$1.60
BBQ Flavour	
Tangy Salsa Flavour	

DRINKS

600ml Water	\$1.50
200ml Fresh Milk	\$1.20
Juicee Crush Popper	\$2.00
100% Juice	
Apple	
Apple Blackcurrent	
Multivitamin	
Orange	
Strawberry Breaka	\$2.50
Chocolate Breaka	\$2.50
Krazy Lemonade	\$2.60

Frozen Treats

Slushy	\$2.00
99% Juice based	
Approved by	
Nutrition Australia, meets all Australian School Canteen Standards	
Mini Calippo	\$1.50
Lemonade Icy Twist	\$1.50
Twisted Frozen	\$2.50
Greek Yoghurt	
Strawberry Vanilla	
Chocolate Vanilla	
Licks 99% Juice Iceblock	\$2.00
Quelch Stick	\$0.50

SNACKS

BENTO BOX	\$3.90
2x Seasonal vegetables,	
4x water crackers & cheese slices	
Rainbow Munch Box	\$3.70
Combination of 4x seasonal fruit and vegetables.	
Cheese & Crackers	\$2.20
6x water crackers	
6x tasty cheese slices	
ADD HAM	\$1.00
ADD CHICKEN	\$1.00
ADD EGG	\$1.00
Boiled Egg	\$1.00
Fresh Popcorn	\$1.00
Popped onsite daily	
Carrot sticks	\$0.70
Cucumber Rounds	\$1.50
DIP SNACK PACKS	\$3.00
50g dip with choice of vegetable	
Carrot Sticks with Hommus	
Cucumber Rounds with Hommus	
Carrot Sticks with Salsa	
Cucumber Rounds with Salsa	

SALAD TUB

Garden Salad	\$4.20
lettuce, tomato, cucumber, & grated carrot	
Pulled Chicken Salad	\$5.50
lettuce, tomato, cucumber, & grated carrot	
ADD CHEESE	\$0.50
ADD HAM	\$1.00
ADD CHICKEN	\$1.00
ADD EGG	\$1.00

FRUIT

Slinky Apple	\$1.50
Orange	\$1.20
Watermelon Wedge	\$1.50
Seasonal Fruit Cup	\$2.20
Frozen Pineapple Ring	\$0.50

SUSHI - HOMEMADE WEDNESDAY 2ND Break Only

Tuna & Cucumber GF	\$3.20
Crunchy Chicken Teriyaki with Cucumber	\$3.50
Soy Sauce	\$0.10